



**'THE THING I LOVED MOST WAS CHALLENGE HILL BECAUSE THE OBSTACLES WERE FUN, CHALLENGING AND GOOD FOR FITNESS' ISSY, STUDENT AT ROSE PARK PRIMARY**



## A FEW WOODHOUSE ACTIVITIES

### Team Challenges

A series of various challenges, designed to teach students the importance of working together to achieve a common goal.

### Frisnet Golf

Played much like traditional golf, participants throw their Frisbee into a series of nets on our outdoor course, the object being to complete the course using the fewest possible throws!

### Photo Hunt

Students are given a set of photographs and use basic map reading and navigational skills to navigate their way around the property to match the photos with the correct checkpoints. May be used in conjunction with orienteering.

### Ice Blocking

Otherwise known as 'Reverse Sledding', participants 'ride' large blocks of ice down a grassy hill, allowing minimal friction and gravity to do its thing.

### Team Building

A whole group activity designed to set the mood for the duration of the camp by creating a sense of belonging and comradery amongst the students and teachers alike.

### Laser Skirmish

A great alternative to paintball that can be played by kids as young as eight, Laser Skirmish offers an experience that will not soon be forgotten. All the thrill and excitement of paintball without the pain, and the mess of paint.

### Bug Busters

A ponding experience based around our beautiful man-made wetland system. Learn about the importance of good water quality, testing and have a hands-on look at our aquatic macro-invertebrates, while learning of their importance and role within our wetland system.

### Geocaching

Using a GPS and basic map reading skills, navigate your way around the property in search of caches containing questions to answer. A real life treasure hunt!

### Boomerang Craft

Learn a little about our indigenous history, focusing on the significance of art in their culture and dreaming. Participants will be guided in the art of dot-painting and will produce their works on a decorative boomerang to take home.

### Challenge Hill

Our huge outdoor obstacle course is a test of physical fitness and mental agility perfect for building personal resilience and promoting team building within groups.

### Survivor

In our natural bush setting, learn about real-life survival skills including basic first-aid, finding and purifying water, fire-lighting and shelter building.

### Orienteering

Learn basic map reading and navigational skills to navigate their way around the property in search of designated checkpoints.

### Archery

Test your skills with a bow and arrow on our archery field.

