

# Welcome to Woodhouse

A Social Story



**Woodhouse  
Adventure Park**

OWNED & OPERATED BY SCOUTS SA

# Welcome to Woodhouse

## My Woodhouse Adventure

Soon I will be visiting Woodhouse Adventure Park.

Woodhouse is a large outdoor adventure park in the beautiful Adelaide Hills. It covers 54 hectares (about 10 times the size of Adelaide Oval), so there is lots of space to explore.

There are many different activities to enjoy, including Challenge Hill, the Labyrinth, Disc Golf, Cameron's Climb, Outdoor Laser Skirmish and the Tube Slide.



# This social story will help me to learn...

- What I might see
- What I might hear
- What I will do
- How to stay safe
- What to do if I need help

It is okay to feel excited, nervous, curious or unsure about visiting somewhere new.

I will take my time, ask questions and do my best.

♥ Woodhouse is a place to explore, have fun and enjoy the outdoors. I can go at my own pace, take breaks when I want to and ask for help at any time.



# Getting Ready for my Visit

Before I visit Woodhouse Adventure Park, there are a few things I can do to help me have a safe and enjoyable day.



## What to wear

- I will wear enclosed shoes such as sneakers or hiking shoes, but old ones in case they get really dirty or wet.
- I can wear a hat and sunscreen to protect myself from the sun.
- Long pants can help protect my legs from scratches and grass.
- I should bring a warm jumper or jacket, as Woodhouse can be much cooler than Adelaide.

## What to bring

- I can bring a refillable drink bottle to stay hydrated.
- I may like to bring a spare set of clothes and a towel because some activities may be wet or muddy.
- Base Camp facilities are available if I need to get changed or have a shower.

## Staying safe

- I will stay with my adult or group leader.
- I will listen to instructions from Woodhouse staff.
- If I ride a bike or scooter, I will wear my helmet.

# Looking after Woodhouse

We all help look after Woodhouse so it stays safe, clean and beautiful for everyone to enjoy.

## Caring for our park

- I will put my rubbish in the bins provided.
- I will help keep Woodhouse clean and beautiful for everyone to enjoy
- I will take care of the equipment and use it safely.

## Caring for nature

- I will leave plants and animals alone.
- Pets are not allowed at Woodhouse.
- If I see an injured animal, I will tell a staff member or trusted adult



# What to expect at Woodhouse

Woodhouse is a large outdoor adventure park with lots of space to explore, play and enjoy nature.

## Things I Might do

- I can choose from lots of different activities.
- I can explore at my own pace.
- I can spend time with my family, friends or group.

## Nature at Woodhouse 🦘

- I may see wildlife such as kangaroos, birds and koalas (keep an eye out for their oval poos under gum trees).
- I can look up into the gum trees or listen to nature sounds.
- Looking for wildlife can be a great way to relax.



- Some areas are grassy, muddy or uneven.
- I may get dirty while I play.
- On busy days I may need to wait for my turn.
- If I get lost, I should stay where I last saw my adult and ask a staff member or a friendly looking adult for help.

💛 I am here to have fun, build confidence and try new things.



Things to  
remember

# Activities I might see



## Woody's Challenge Hill

- I can try up to 30 different obstacles.



## Disc Golf

- I can throw a disc and aim for the basket.
- Just like regular golf, but with a frisbee.



## The Labyrinth

- I can explore a two-storey maze with tunnels, riddles and different pathways.

# Activities I might see



## Cameron's Climb

- I can climb across a rock wall in different directions.



## Tube Slide

- I can ride a tube down one of two giant hillside slides.
- Tube Slide is open on weekends, most public holidays and when weather conditions are safe.



## Nature Play

- I can explore the creek, trees, open spaces and look out for wildlife.

# Arriving at Woodhouse

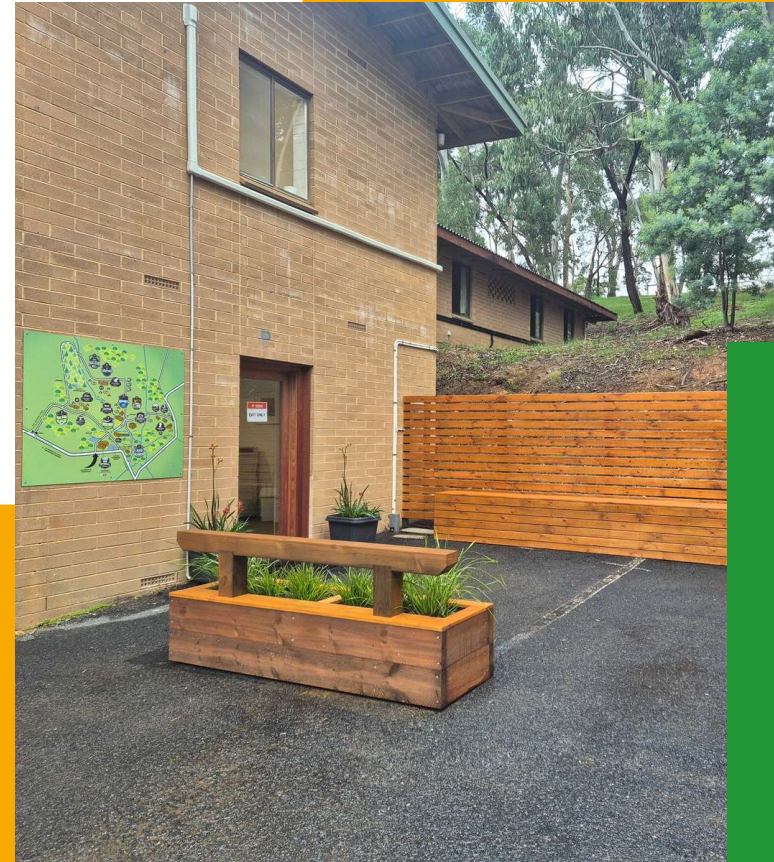
When I arrive at Woodhouse Adventure Park, there are a few things that need to happen before I start my adventure.

## What will Happen

- My adult will drive through the entrance gates and park the car.
- We will visit Reception to check in.
- My adult may need to complete some paperwork before we begin.
- We will receive a map to help us find our way around the park.

## If I need to, I can...

- Stay close to my adult.
- Ask questions.
- Sit and wait patiently.
- Read a book while I wait, there's a bookcase near the toilets downstairs in the Rymill building.
- Take some deep breaths if I feel excited or nervous.



# Arriving at Woodhouse

## Things I might see

- Reception is the first large building near the entrance.
- There are toilets near Reception – it's a good idea to go before my adventure starts.
- There is a bookcase that's undercover or a seating area outside where I can relax while I wait.
- I may see other visitors arriving for their adventures too.

## If it is busy

- Sometimes Woodhouse can be busy, especially on weekends and during school holidays.
- If it feels noisy, I can cover my ears, use headphones or move to a quieter area near my adult.
- I might like to look up into the gum trees and see if I can spot a koala while I wait.

💛 **Every adventure starts with checking in. Once we are ready, it is time to explore and have fun!**





# Basecamps

Woodhouse has three basecamps on the property which are a great place to rest, recharge and get ready for my next activity.

## What I can Do

- I can use the toilets.
- I can have a hot shower if I am cold, wet or muddy.
- I can sit under cover if it is raining or very hot and I need to take a break.
- I can eat my food at the tables.
- I can draw, play a game or relax with my family & friends.

## Things I might see

- BBQs for cooking.
- A sink for washing up.
- A vending machine with food and drinks. I will need a credit card to buy anything.

## Things to Remember

- Base Camps are a shared space for everyone to enjoy.
- I will put my rubbish in the bins provided.
- I will help keep the tables and cooking areas tidy.
- I will follow any instructions from my adult or leader.



# Camping at Woodhouse



When I go camping at Woodhouse, there are different places I might stay.

## St George Campground

This is the biggest camping area. It has lots of wide, open space to play and set up camp. It's also close to lots of the activities for me to have fun with.

## Gilwell Campground

This campsite has more trees and slopes a bit in parts. I need to choose a safe spot and not camp under trees, because branches could fall.

## Brownsea Campground

This campsite is further across the park, towards the east (where the sun rises). This area is usually reserved for Scout groups or school groups.

# Welcome to Woody's Challenge Hill



Scan to Explore

- 🌳 Challenge Hill has 30 obstacles for me to explore.  
Some obstacles might feel easy and some might feel harder.
- ★ I do not need to complete every obstacle.
- ★ I can choose which obstacles I want to try.
- ★ If something feels too hard, I can go around it, ask for help, or try again later.
- 👤 My grown-up will stay near me to help keep me safe.
- 👟 I will wear enclosed shoes, especially in the water.
- ➡ I will follow the arrows and stay on the path.
- 🚶 Challenge Hill is not a race. I can go at my own pace.
- 💛 Every obstacle I try is a big achievement.
- 💛 I am here to have fun, build confidence and try new things.



I can do this!!

 **Wet / Slippery**

The surface may be slippery when wet. I will take extra care.

 **Take Care**

I need to slow down and be careful.

 **Natural Hazard**

Watch out for things like blackberry bushes, thorns, or plants along the path.

 **Follow the Arrows**

The arrows show me where to go next.

# Symbols I might see

These symbols will help me understand Challenge Hill quickly and easily.

 **Go at My Own Pace**

Challenge Hill is not a race. I can move slowly and take my time.

 **Ask for help**

I can ask my grown-up, teacher, or Woodhouse staff for help at any time.

 **Koala Spotting**

Woodhouse is home to many koalas. I can look carefully and quietly to see if I can spot one in the trees, especially at certain obstacles which we'll highlight with a koala symbol throughout the pages.



# 1.Swing & Climb

## What I Do

- I will swing up and over the chains.
- I will land on the platform on the other side.

## Things to Remember

- Watch where I put my hands and feet.
- The platform may be slippery when wet. ☔

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

## 2. Log Wall

### What I Do

- I will climb up and over the log wall.
- I can use the handles and ladder to help me.

### Things to Remember

- Watch where I put my hands and feet.
- The logs may be slippery when wet. ☔

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 3. Coming Soon

## What I Do

- This obstacle is not available right now.
- I can continue to the next obstacle and keep exploring Challenge Hill.

## Things to Remember

- This obstacle was removed to help keep everyone safe.
- here are lots of other fun challenges ahead.





## 4. Lava Crossing

### What I Do

- I will use the ropes to help me move across the obstacle.
- I can use my arms and upper body strength to help me.

### Things to Remember

- I can slide down the first rope if swinging feels too hard.
- I can sit on the platform if standing feels too high.

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 5. Monkey Bars

## What I Do

- I will use the monkey bars to move from one side to the other.
- I will use my arms and upper body strength to help me.

## Things to Remember

- I can skip this obstacle if I do not want to do it.
- I will move at a pace that feels right for me.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# 6. Elephants' Graveyard

## What I Do

- I will crawl through the tunnel on my tummy.
- The tunnel becomes narrower as I move through it.

## Things to Remember

- I may get muddy if the ground is wet. ☔
- I can use the emergency escape hatch if I need to come out.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 7. Boulder Dash

## What I Do

- I will climb around the wall using the climbing holds.
- I can get back on and keep going if I come off.

## Things to Remember

- The obstacle gets higher near the end.
- There is soft mulch underneath the obstacle.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.





## 8. Ladder Climb

### What I Do

- I will go up and over the ladder climb or through the rungs.
- I can choose the way that feels best for me.

### Things to Remember

- I need to watch where I place my hands and feet.
- Stay on the path and look out for blackberry bushes. 🌿

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



## 9. Tyre Climb

### What I Do

- I will walk up the hill to the Tyre Climb at my own pace.
- I will climb over the tyres and continue along the obstacle
- I can look carefully up in the trees as I walk up the hill. 🐻

### Things to Remember

- Watch for tree roots on the path. 🌿
- The tyres may be slippery when wet. ☔
- I can use the pole and ladder to help me climb over the tyres.

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# 10. Plank Walk

## What I Do

- I will walk across the planks to reach the next obstacle.
- I can do this on my own, with a friend's help, or using the ropes.

## Things to Remember

- I can step down and back up if I need to.
- I need to watch where I place my feet.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 11. Commando Climb

## What I Do

- I will climb up and over the log wall using the climbing holds.
- I will climb down the other side using the gaps in the logs.

## Things to Remember

- The left side may be easier because there are more holds.
- I need to watch where I place my hands and feet.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.





# 12. Teepee Tree

## What I Do

- I will step up using the poles (which are at different heights) to help me climb to the platform.
- I will turn around and come down using the ladder and rope.

## Things to Remember

- I can use the handholds on the platform to help me balance. I need to watch where I place my hands and feet.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# 13. Mouse Trap

## What I Do

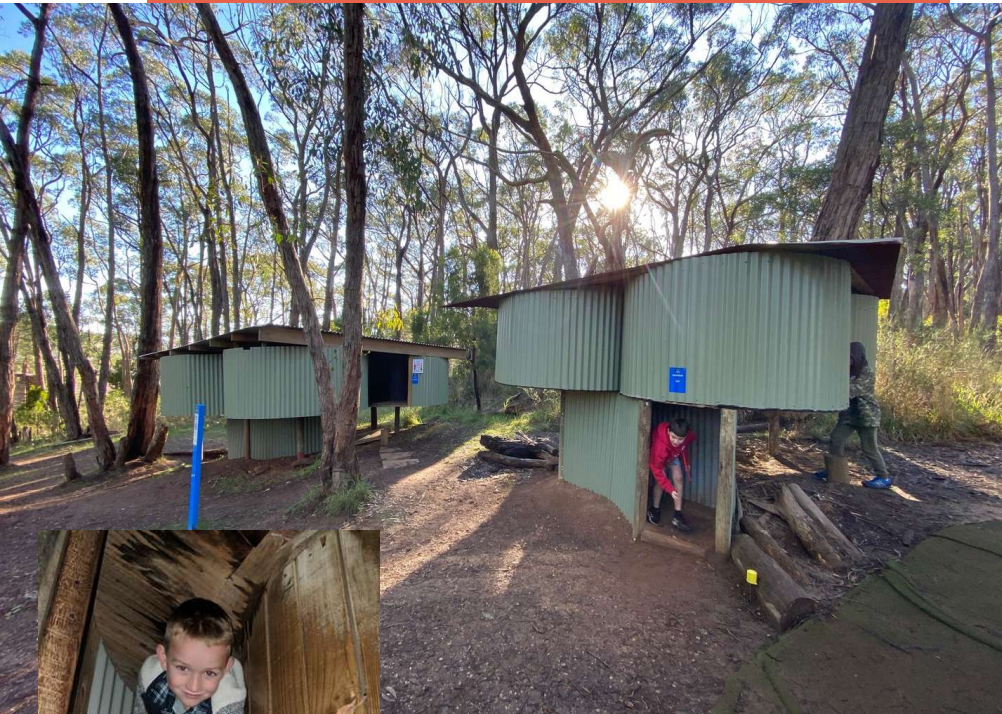
- I will step up and crawl through the narrow tunnel.
- I will turn around inside the tunnel and find my way out.

## Things to Remember

- It is dark inside, but it is not a dead end - I need to do a U-turn to come out.
- There is an emergency escape hatch if I feel too scared or uncomfortable. ⚠
- It may be noisy inside if people bump or bang on the walls.
- The second Mouse Trap is wider and a little brighter, so is a slightly easier option.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# ~ ~ iPipe Crawl

## What I Do

- I will go through the pipe tunnel and then move through the tyres.
- I can go feet first or head first, whichever feels best for me.

## Things to Remember

- There is a small step down (about 30cm) when I leave the first pipe.
- The second pipe has no drop.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# ~<sup>-</sup> Sydney Harbour Bridge

## What I Do

- I will climb around the wall using the climbing holds.
- I can get back on and keep going if I come off.

## Things to Remember

- The bridge may wobble as I walk across.
- My adult helper can help steady the bridge if I need it.
- There are 11 wobbly bridges to cross.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.





# 16. Swinging Buoys

## What I Do

- I will use the ropes to swing across the buoys.
- I will move from one buoy to the next.

## Things to Remember

- There are 3 buoys to swing across.
- There is soft matting underneath if I slip or fall.
- I can do one or both swinging sections.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 17. Piranha Swamp

## What I Do

- I will step across the posts to make my way to the end of the obstacle.
- I will place my feet carefully on each post.

## Things to Remember

- The posts are different heights and widths.
- I need to watch my balance as I step across.
- The posts are not more than half a metre high.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# 18. Cargo Net

## What I Do

- I will climb up the net, move across it, and climb down the other side.
- I can crawl or roll across the net if I want to.

## Things to Remember

- I can walk along the side using the wooden post if I feel nervous.
- I need to climb up and down the net at the start and finish.
- I have 3 ways to get down: cargo net, fireman's pole, or ladder.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 19. Log Balance

## What I Do

- I will walk across the log to balance my way to the other side.
- I can use one or both logs to help me balance.

## Things to Remember

- I can use the chains to help steady myself if I feel unbalanced.
- The log may move slightly as I walk across.
- The log is low to the ground.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.





## 20. Ladder Down

### What I Do

- I will use the rope to help me climb up to the top platform.
- I will go through the opening and come down using the metal ladder.
- I can look in the gum trees as I walk to the next obstacle. 🐻

### Things to Remember

- I need to watch where I place my hands and feet.
- I will climb up, go through the hole, then come down the ladder.

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# Rope Swing Crossing

## What I Do

- I will use the rock steps to go down to the platform.
- I will swing across using the ropes to reach the other side
- 💡 Tips for success...
  - I will place my hands above the first knot in the rope.
  - I will keep my hands as high as I can while swinging across.
  - I can hook my feet onto the lower knot for support.
  - I can hold the rope I just came from to help me build momentum.

## Things to Remember

- It is okay if I fall in - most people do. 💧
- There is a warm shower available afterwards if I get wet.
- I must wear shoes in the creek for safety.
- Rocks and sticks under the water may be sharp or slippery.
- I must NOT cross the carpet-covered rock wall in the river area, as it is unsafe, I need to walk around the road, back over the bridge if I want to try it again.

# 22. Wade & Climb

## What I Do

- I will carefully walk into the water and cross the creek.
- I will climb up the rock wall using holds or ropes to get out.

## Things to Remember

- The water is shallower on the left and deeper on the right.
- I can choose the shallow side if I want it to feel easier.
- The water may move faster after rain.
- If I cannot see the bottom clearly, I need to be extra careful.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 23. Chain Bridge

## What I Do

- I will step across a series of logs, chains, and a net to cross the obstacle.
- I will use my balance and the chains to help me move across each section.

## Things to Remember

- The logs are low to the ground so I can step back on if I slip.
- I can use the chains for support throughout the obstacle.
- Some sections may be harder if I am shorter, and that is okay.
- I will use the rope and steps in the tree to come down at the end.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.





## 24. Flying Fox

### What I Do

- I will get on the Flying Fox and ride across to the other side.
- I can do this on my own or with help from an adult if I need it.

### Things to Remember

- I can slow down by using my feet and to return to the other end I need to pull down to release the break.
- I only need to do one Flying Fox, but I can do more if I'm having fun.
- I can ride with friends, but we all travel at the same speed - it is not a race.

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 25. Log Walk

## What I Do

- I will walk across the large tree stump.
- I will take my time and move carefully.

## Things to Remember

- The log is wide and flat, but I still need to watch my balance.
- I can ask my adult helper for support if I feel nervous.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# 26. Chain Walk

## What I Do

- I will walk across a series of chain bridges and rope sections.
- I will use the chains above and beside me to help me balance as I move across.

## Things to Remember

- There are several chain bridge sections to cross.
- I can use the chains to help me balance the whole way.
- I need to stay on the correct path and not climb up support beams, as this is dangerous.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# 27. Vertical Net

## What I Do

- I will climb up and over using either the rope side or the green chain side.
- I will use the handles to help me get over the top and come down the other side.

## Things to Remember

- I can choose the rope side or the chain side (or try both if I want).
- There are handles to help me get over the top safely.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.





# 28. Viewing Deck

## What I Do

- I will climb up the high ladder to reach the viewing deck.
- I will look at the view and may look for koalas in the trees. 🐼
- I will come back down using either the fireman's pole, rope, or ladder.

## Things to Remember

- I can choose how I come down: fireman's pole, rope, or ladder.
- I need to take my time on the way down.
- There is soft ground below when I step down.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



## 29. Lower Deck

### What I Do

- I will climb up using the tyre to reach the platform.
- I will go through the tyre opening and slide down the fireman's pole to the ground.

### Things to Remember

- I can skip this obstacle if I do not want to do it.
- I will move at a pace that feels right for me.

### If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.

# 30. Commando Crawl

## What I Do

- I will move through a series of crawl and climb sections to finish Challenge Hill.
- I can crawl, climb, or go over sections in a way that feels best for me.

## Things to Remember

- This obstacle has different sections including pipes, tyres, and a cargo net.
- I can crawl through, go over the top, or use easier gaps if I need to.
- I can go with a friend or take it at my own pace.
- It is okay to stop and rest at any time.

## If I Need to I Can

- Go slower.
- Ask for help.
- Go around if I need to.
- Take a break.
- Try again.



# Bonus Challenges for Young Adventurers

## What I Do

- Climb the mini bouldering wall. It is approx 5 feet (1.5 metres) tall, making it a great challenge for younger climbers.
- Zoom down the small yellow slide.
- Climb up and over the mini cargo net. I can take my time and use my hands and feet to help me.
- Play in the large sandpit. I can use the buckets and toys to build sandcastles, dig, or create my own hideaways.

## Things to Remember

- The sand and soft-fall surface help soak up water, so this area doesn't get too muddy after rain.
- I can share the equipment and take turns with other children.
- Most importantly... I can have fun and enjoy being outdoors!



♥ Every adventure starts somewhere. These bonus challenges are a great way to build confidence before trying some of the bigger activities.

# Hooray! I did it!

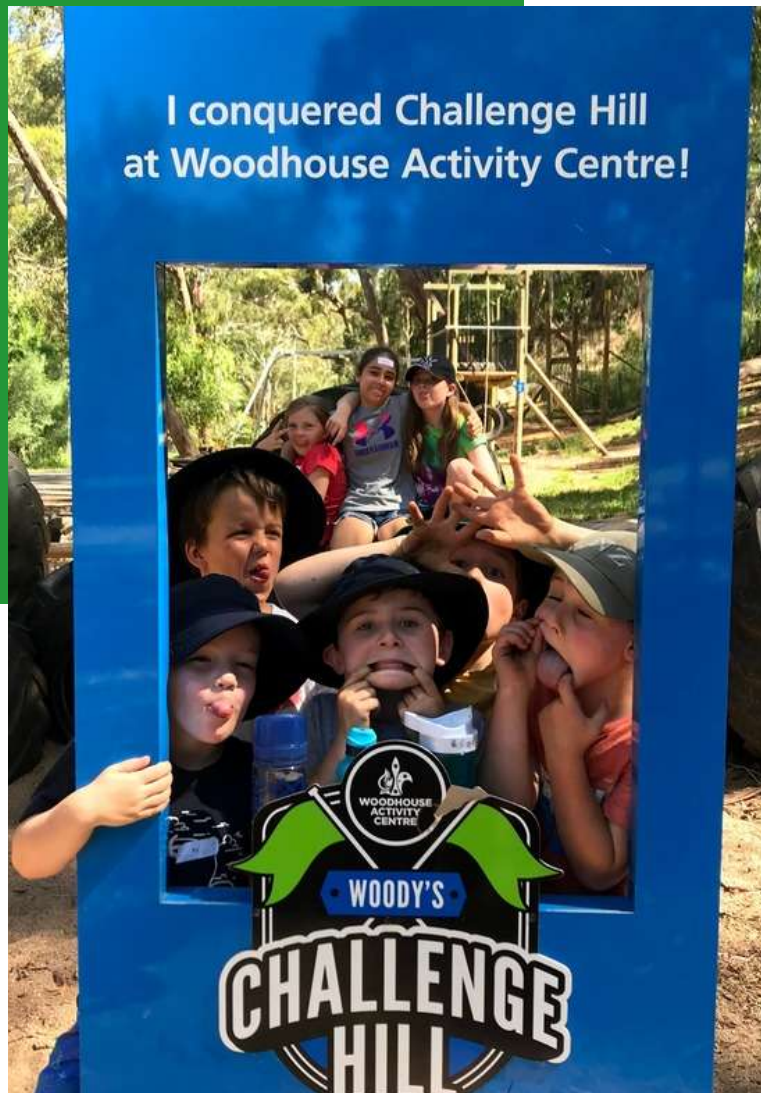
## What I Did

- I completed Challenge Hill!
- I challenged myself and tried new things.
- I should feel proud of my effort.

📷 Don't forget to take a photo in the Challenge Hill photo frame.

## My Challenge Hill Adventure

- My Favourite obstacle was: \_\_\_\_\_
- I tried: \_\_\_\_\_obstacles today.
- I felt most proud when I: \_\_\_\_\_





## Before You Go...

- Refill your drink bottle at the filtered water fountain.
- Use the handwashing tap near the entrance to wash muddy hands.
- Take a break in the shelter and seating area.
- Base Camp facilities are available if you would like to clean up, have a shower, or use the bathroom after your adventure.

# Welcome to The Labyrinth

Allow 10-25  
minutes

The Labyrinth is a big maze with tall walls that I cannot see over or go under. It is a place for exploring, problem-solving and having fun.

♥ The Labyrinth is an adventure! I can take my time and enjoy exploring!



# The Labyrinth

## What I will Do

- I will enter a large maze with lots of different paths.
- I can choose my own way through the maze.
- Sometimes I will reach dead ends. A dead end means I will turn around and try a new way.
- There will be riddles at 17 dead ends.
- I will find stairs, a fireman's pole, and a slide inside the maze.
- I can take my time and move at my own pace.

## If I Need to I Can

- Stop and take a break if I feel unsure.
- Cover my ears if the maze feels noisy.
- Ask my friend or adult for help at any time.
- Move to a quieter area if I need a break.
- Use an emergency exit if I need to leave the maze.



# The Labyrinth

## Emergency Exits

- One is at the top of the maze near the fireman's pole.
- One is at the bottom near the end of the slide.
- I can use these exits if I feel overwhelmed or need to leave quickly.

## Things to Remember

- The maze is taller than me, so I cannot see over the top.
- I must not climb under or over the maze walls.
- It is okay if I do not know the answers to the riddles.
- My adult can help me look up the answers later on the map.
- Sometimes the staff change the maze and new pathways are created.
- The way out may be different each time I visit.

♥ The Labyrinth is an adventure. It is a place for exploring, thinking and having fun. I am building my confidence and problem-solving skills.





# The Labyrinth

## What I might experience

- Sometimes the maze can be busy and noisy.
- I might hear children talking, running or making loud sounds.
- Some children may bang on the metal panels.
- Sometimes in winter, there may be puddles in the maze.
- If I do not want to get wet, I can walk carefully around the edges near the walls.

## Things to Remember

- It is okay to feel excited, curious, confused or unsure.
- All of these feelings are normal.
- If I leave the maze, I can find a quiet place to relax and recharge.
- I can always try again another day.



# Stag's Activity Centre



*Scan to Explore*

Stag's Activity Centre is a large indoor space where I can play, explore and take shelter from the weather. I must remember to have a adult supervision with me at all times.

## What I can Do

- I can climb the climbing wall.
- I can play basketball.
- I can play giant noughts and crosses.
- I can sit at the tables to draw, colour in, do puzzles or play cards.
- I need to bring my own games and activities to enjoy.

## Things to Remember

- Children under 12 should be supervised by an adult.
- I will use the equipment safely.
- I will share the space with other visitors.

# Stag's Activity Centre

## Things I might see

- A toilet and sink inside the building.
- Tables and chairs.
- Basketball equipment.
- Bouldering wall
- Indoor activities and games.

## If I Need to I Can

- Take a break from outdoor activities.
- Sit quietly at a table.
- Have a drink of water.
- Ask my adult for help.

♥ Stag's Activity Centre is a great place to play, stay dry and have fun when the weather is hot, wet or windy.



# Cameron's Climb

Allow 10-25 minutes

Cameron's Climb is a bouldering challenge where I can climb across the wall without using ropes.



*Scan to Explore*

## What I will Do

- I will use my hands and feet to move around the climbing wall.
- I will think carefully about where I place my hands and feet to stay safe.
- I can climb at my own pace.
- Climbing helps me build strength, confidence and problem-solving skills.

## Things to Remember

- Only one person should climb on each section at a time.
- I will stay clear of other climbers and not walk underneath them.
- If I can climb up, I can usually climb down too.
- I will move away when I finish so others can have a turn.
- I must not go underneath the climbing wall.



# Cameron's Climb

## If I need to, I can...

- Go slower.
- Take a break.
- Ask a friend or adult for help.
- Climb down carefully when I am ready.
- Jump safely onto the bark chips if I am close to the ground and cannot find my way down.

## Want an extra challenge? 💪

- I can try climbing around the wall without touching the ground.
- I can use only one colour of climbing hold.
- I can skip some holds to make it more difficult.
- I can try to climb all the way around the wall without touching the ground.
- If I fall off, that's okay. I can hop back on and keep trying.



♥️ Cameron's Climb is all about trying my best, building confidence and having fun.



# Disc Golf

Allow 30-45 minutes



Disc Golf is a game where I throw a flying disc (frisbee) into a metal basket. It is a bit like golf, but I use a disc instead of a ball and clubs.

## What I will Do

- I will throw my disc from a marked tee area towards the metal basket target.
- I will walk to where my disc lands and throw again from there.
- I will try to complete each basket in the fewest number of throws.
- I will collect my disc from Woodhouse Reception before I start playing.

💛 **Disc Golf is about having fun, trying my best and enjoying being outdoors.**



# Disc Golf

## Things to Remember

- I must wait until the group in front of me has finished.
- My disc has a number and colour so I know which is mine.
- I need to return my disc to Reception after playing.
- There's a \$20 deposit for my disc, so I need to take care of it.
- If I lose my disc, I will stop and remember the area it went into then tell my adult or group leader so they can help me find it.
- I won't get upset with myself if my throws are not good to begin with, they will get better with practice.

## If I Need to I Can

- Wait for my turn before I throw and be behind other players while they throw.
- Take my time before I throw my disc and aim towards basket.
- Try again if my throw does not go where I want it to go.
- Ask my adult for help if it seems too hard.

# Tube Slide

Allow 20-90 minutes



- The Tube Slide is one of Woodhouse's most popular attractions.
- I can ride down the hill on two long slides in a large inflatable tube. It is fast, exciting and lots of fun!
- I wonder which one I will like best - the fast straight slide or the winding curvy slide?

## What I will Do

- I will carry or pull my tube up the hill before my ride.
- I will take my hat off and place it safely inside my tube.
- I will sit in my tube and listen to the staff instructions.
- I will hold onto the handles while I ride down the slide.
- I might feel the tube spin, turn and speed up as I travel down the slide.

♥ It can be hard work getting the tube up the hill, but the exciting ride down is the reward!



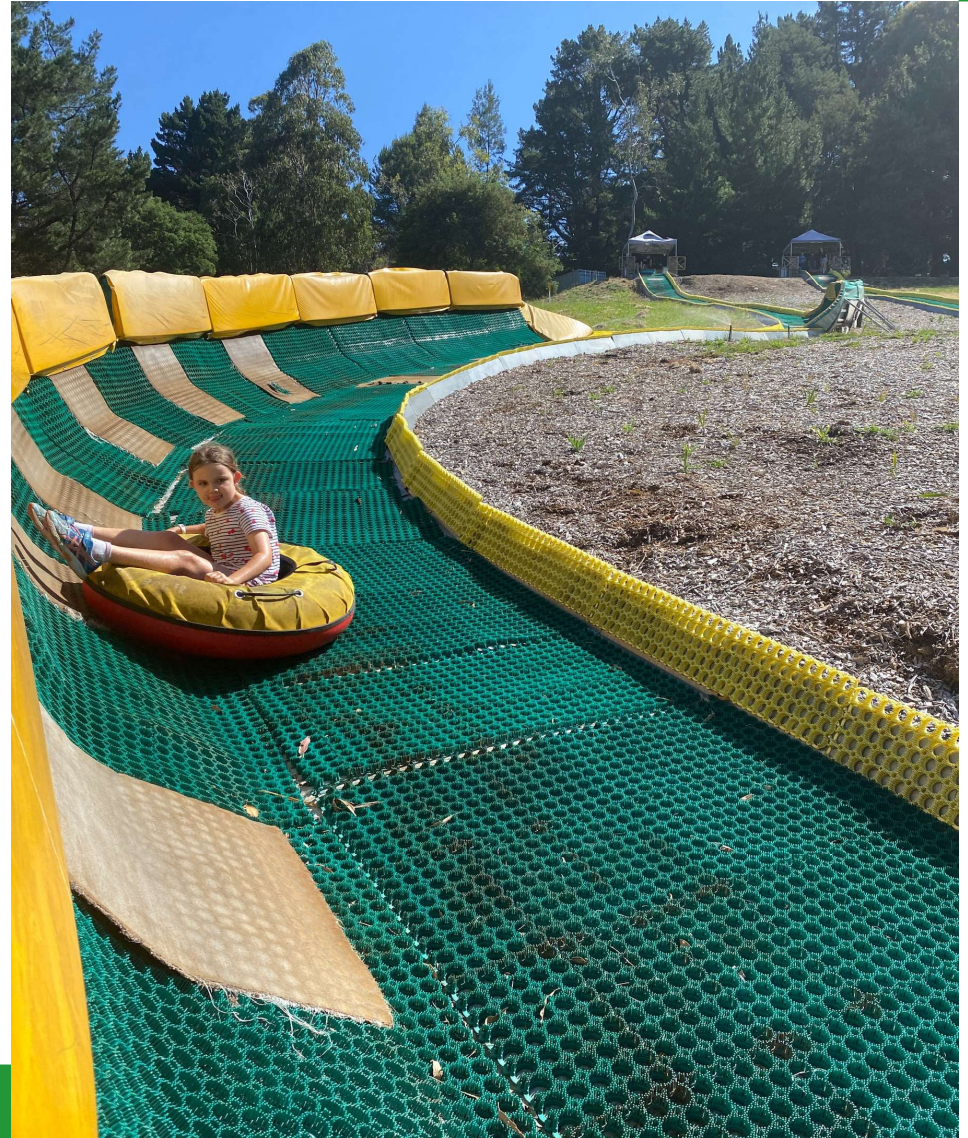
# Tube Slide

## Things to Remember

- I must wear fully enclosed shoes.
- I need to wait my turn at the top and bottom of the slide.
- A light spray of water helps the tubes slide smoothly. It might feel surprising when it touches my face.
- I will listen carefully to the Tube Slide staff.
- If I drop something while riding, I can tell a staff member or my adult.

## If I Need to I Can

- Ask my friend or adult to help me pull the tube up the hill.
- Ride in a double tube with my adult or a friend.
- Watch other people go first before deciding if I would like a turn.
- Ask the staff or my adult questions if I am unsure.
- I can choose a gentle push, a big push or even a spinning push.
- Take a break and try again later.



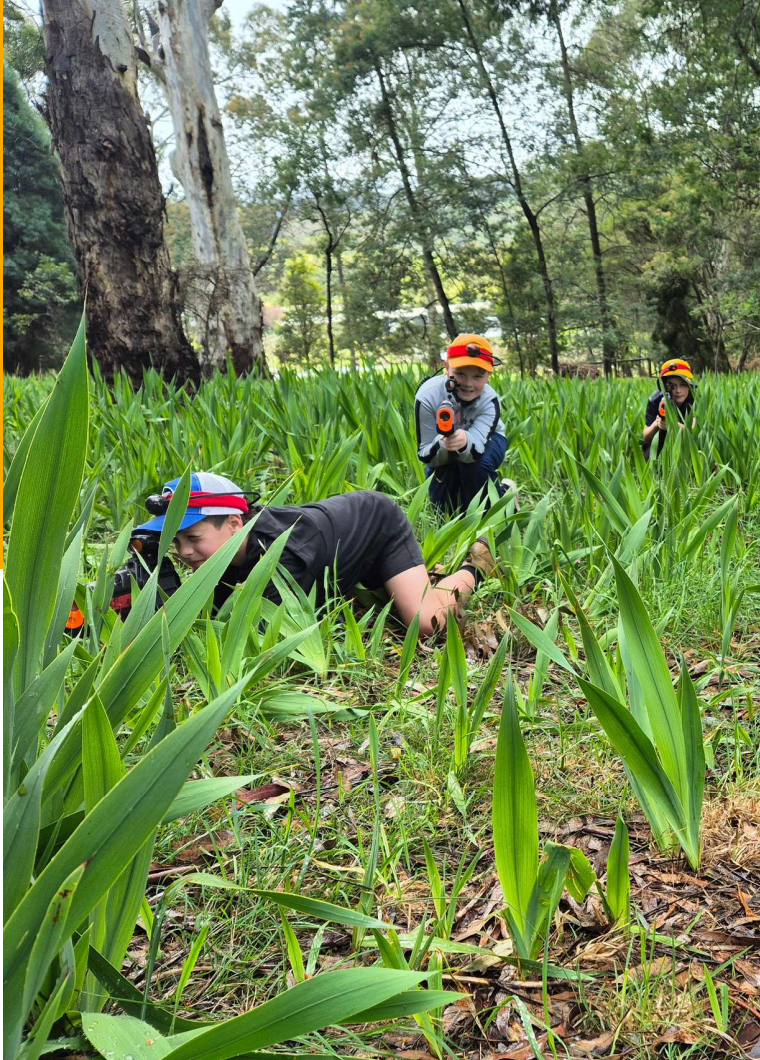
# Laser Skirmish

Sometimes I might play Outdoor Laser Skirmish. This is a team game using special laser tag equipment. It is not available every day, so I will need to have a booking or be part of a group to play.

## What I will do

- I will wear a sensor on my head and carry a laser skirmish tagger on the gun.
- The tagger uses a harmless infrared beam, similar to a TV remote control.
- I will work with my team to complete different missions and challenges.
- I will run, hide, aim and work together with my teammates.
- Most sessions include 2–3 different games.
- If it is my first time playing, I might miss lots of shots or get tagged often. That's okay. The more I play, the easier it will become.





# Laser Skirmish

## Things to Remember

- I must wear enclosed shoes.
- I need to wear a hat, cap, beanie, buff or other head covering underneath the sensor headband.
- Long pants are recommended.
- Laser Skirmish is played outdoors on uneven ground.
- I will listen carefully to the staff instructions.

## If I Need to I Can

- Ask questions at the end of the briefing.
- Stay close to my adult or group leader.
- Take a break between games.
- Ask staff for help or tips of how to improve.

♥ Laser Skirmish is all about teamwork, strategy and having fun.



# Laser Skirmish Playing Safely

Before I start playing, the staff will explain the rules and show me how to use my laser tagger. The briefing will take about 15 minutes.

## What I might Experience

- My tagger will make sounds during the game.
- I may need to find my team's base or respawn point.
- Sometimes the respawn point changes between games.
- The arena has shelters, obstacles and places to hide

♥ I do not need to win to have fun.  
Every time I play, I am learning teamwork,  
communication and problem-solving skills.

# Laser Skirmish Playing Safely

## Things to Remember

- I must never put the laser tagger up to my eye.
- I must not cover the sensors on my head or tagger.
- I must not climb on the wooden shelters or obstacles.
- I need to carefully watch where I walk because the ground is uneven.
- I will follow the instructions from staff at all times.

## If I Need to I Can

- Tell a staff member if the sounds are too loud for me.
- Ask for help if I am unsure what to do.
- Take a break between rounds.



# Yay! I did it!

Today I explored Woodhouse Adventure Park and tried lots of new things. I can feel proud of myself for having a go – it was a great fun adventure!!!

## My Favourite Activity was...

- Challenge Hill
- The Labyrinth
- Cam's Climb
- Disc Golf
- Tube Slide
- Something else:
- Laser Skirmish
- Stag's Activity Centre
- Sleeping over at Woodhouse

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## How many Koalas did I Spot?

- None today
- 1 koala
- 2 koalas
- 3 or more

## Something I'm proud of today...

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# Woodhouse Adventure Park

OWNED & OPERATED BY SCOUTS SA

We hope to see you  
again soon!